

## **Definition of mountaineering**

For the purposes of this research, 'mountaineering' is defined as:

- An outdoor activity involving the attempted climb of a mountain or travel over/through untracked mountainous terrain above the snowline.
- The activity is generally completed on foot. Ski mountaineering is included, provided the ascent (going up) was made on foot.
- Typically, it will require travelling over snow, either permanent or temporary. Summer and Winter conditions will mean the terrain and snow cover could differ greatly; therefore, Summer mountaineering is included. Examples of this include Single Cone in the Remarkables, Mt Ollivier above Mueller Hut, the Arrowsmiths and routes on Mt Rolleston.
- Typically, it will include the use of equipment such as an ice axe, crampons, and helmets, and may also include the use of harnesses, ropes, and climbing protection, for part or all of the activity.
- All NZ grade routes/climbs from 1 – 7 are included, including routes with water ice (WI) and mixed (M) grades.

**Not** included are the following:

- Tramping (or hiking) on an established track, such as Gillespie Pass (Gillespie Pass Circuit), Harris Saddle (Routeburn Track) or McKinnon Pass (Milford Track). However, transalpine tramping with no established track (e.g. Olivine Wilderness Area) is included in the definition of mountaineering.
- Ski touring, heli-skiing, or skiing involving accessing the backcountry from a ski area (even if walking back up through the snow was required).